



MCHHELP

Click Here to Send Us a Text Now

You may also connect by texting the phrase MCHHELP, plus a brief message, to the number 274637.



MCHHELP

General information

Credits >

Contact support >

Recommend the application >

Cache

Flush cache >

Delete app cache >



MCHHELP

MCHHELP is an anonymous texting service that allows teens to find immediate help. The service is available 24/7 and targets middle and high school students. It is completely anonymous, and is staffed with trained, licensed counselors to support teenagers who have a concern or a crisis.

You can access help right away by either clicking the "Send A Text" button in this app, or by texting the phrase **MCHHELP** along with a brief message to 274637. Within 1-3 minutes, you will receive an immediate text response from a trained, professional counselor. Thanks to a system that routes calls through a cloaking server, texters are completely anonymous, allowing teens the freedom to reach out for help without fear. In the case of a lifethreatening condition, emergency responders will be notified and be given as much information as possible to help the person in need.